



Flathead County  
**agency on aging**

**No one understands  
aging like we do!**



Every stage of life has its challenges.  
**We get it, and we're here for you.**

**(406) 758-5730**

## **Navigate**

Medicare Counseling  
Benefits Assistance  
Senior Medicare Patrol

## **Connect**

Community Resources  
In-Home Services  
Veteran Direct Care  
Senior Centers

## **Support**

Friendly Caller  
Caregiver Support  
Meals on Wheels  
Transportation

## **Eligibility and Cost for Services**

### **Eligibility**

Information is available to all.  
Services are provided to Flathead  
County residents age 60 or older and  
to their caregivers.

### **Cost**

For some services, individuals are  
invited, but not required, to donate  
to help cover the cost of the services  
they receive. Many services are  
offered free of charge.

## **Dining and Meals**

**Social Dining** is offered at the  
Agency on Aging and all senior center  
locations.

**Meals on Wheels** are provided  
countywide for those needing home  
delivery. Modified diet menus and  
frozen meals for weekends are also  
available.

## Ombudsman Program

Ombudsmen advocate for the rights of residents living in nursing homes and assisted living facilities.



*Get the benefits you deserve!*



- Prescription drug savings
- Lower health care costs
- Utility bill assistance
- Property tax rebates
- Reduced food expenses
- Medicaid programs
- Veteran services

## Independent Living Services

**Homemaker**

**Personal Care**

**Senior Companion**

**Assisted Transportation**

**Respite for Caregivers**

**Assisted Transportation**

**Veteran Directed Care Program**

Help to live comfortably  
and safely at home

## Senior Centers

Kalispell Senior Center	257-1598
Whitefish Community Ctr	862-4923
No. Valley Senior Center	892-4087
Bigfork Community Center	837-4157
AOA Dining Room	758-5711

The Agency's programs are funded through a combination of federal, state and local funds as well as contracts, grants, client contributions and donations.

This Agency provides benefits, services and employment to all persons without regard to race, color, sex, religion/creed, political belief, national origin, mental or physical disability, or age in compliance with Title VI of the Civil Rights Act.

Flathead Co. aging services are funded in whole or part under a contract with the Montana Department of Public Health and Human Services, with 43% federal funding and 57% from non-federal sources. The statements herein do not necessarily reflect the opinion of the department.



40 11th Street West, Suite #100

Kalispell, Montana 59901

**Phone: 406.758.5730**

Fax: 406.758.5732

Web: [flathead.mt.gov/aging](http://flathead.mt.gov/aging)

*Living well at every age!*